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DEVELOPMENTAL GUIDELINES

PRESCHOOLERS 3-4 YEARS OLD

FINE MOTOR/GROSS MOTOR

- builds with legos/tinker toys
- stands on one foot
- uses glue
- sways
- Velcro
- climbs
- cutting
- pedals
- draws shapes
- runs with balance
- pumps legs
- catches ball
- steers bike/big wheel

COGNITIVE COMMUNICATION

- can recognize their written name
- begins to understand time
- compares big/bigger
- concepts
- follows 3-4 part directions
- can express anger and understands what is pretend and real
- frustration with words
- knows age
- can understand sequence of rote counts
- days events
- knows last name
- uses manner words

SOCIAL-EMOTIONAL/SELF-HELP SKILLS

- can do simple problem solving
- can put toys away
- can negotiate for toys
- wash/dry hands

- wants to succeed/please
- blows nose with help
- shows appropriate concern for others
- places trash in cans, cleans up can shares and takes turns
- food: pours drink, uses correct utensils
- puts on socks, mittens, hats, boots
- begins to zip, button/snap

