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## DEVELOPMENTAL GUIDELINES

### TODDLERS 18-24 MONTHS

#### **FINE MOTOR/GROSS MOTOR**

- turns pages of chubby books
- ways to music
- scribbling twisting
- carries toy while walking
- uses cup with one hand
- stopping as desired
- scooping
- goes up steps one at a time
- closing containers
- pushes/pulls toys
- 2-3 piece puzzle
- climbs up and sits in chair
- builds tower using 3 blocks
- tumbles

#### **COGNITIVE COMMUNICATION**

- recognizes self in mirror
- points to familiar objects
- finds hidden object names teachers, peers
- recognizes familiar sounds
- uses words more than gestures
- looks at picture books alone
- names friends
- understands what is said using words
- uses 2 word phrases
- points to objects after hearing names
- phrases getting longer
- names familiar people in pictures
- sings with others identifies body parts on a doll
- asks simple questions
- vocabulary increases
- speech becomes clearer

## **SOCIAL-EMOTIONAL/SELF-HELP SKILLS**

- participates in group activities
- chews solid foods
- separates from parents
- bottle independence
- experiments with tone of voice
- seeks comfort
- vocabulary increases
- feeding self
- seeks out favorite playmates
- washes hands and face
- says and does opposite of what is told
- begins to push/pull down pants
- washes front of body
- puts on/off shoes, coat, hat
- indicates when messy

